



JKA Karate is Bushido

Though technically JKA karate is a refined form of Shotokan Karate, the karate perfected by Grand Mas

In that karate, the ultimate goal is not to someday become an Olympic champion; the goal is to develop

Through this practice, they inevitably grow in strength, pirit and discipline. Eventually they become formi

(The prefix "bu" means, in Japanese, the whole of the martial techniques. "Shi" means warrior, and the s